June: Take a Rest

Materials
None

Activity – All month

In Utah, June is a quiet month in the garden. The water should be on automatic at the garden (whether your garden is on a drip system or being watered with regular overhead sprinklers), and the weeds shouldn’t be too crazy. You should be able to walk away from the garden for the full month of June. Take a rest. Spend some time rejuvenating. Enjoy this month of calm.

July: Plan a Work Session

Materials
Gloves, garden tools, trash bags, water bottle, snacks

Activity – 2-3 hours

Head out to the garden to check on how it’s doing. Either gather a few helpers or spend some time working alone in the garden weeding the beds and pathways. The heat of July often jump-starts weeds, so at least one work session in the middle of the summer is necessary to keep things in check.